



LEADING

WITH EMOTIONAL INTELLIGENCE



Research shows IQ is responsible for **25%** of leadership success, and **75%** is based on Emotional Intelligence (EQ). EQ is the key to being an effective leader - and to bringing balance to all areas in your life.

This enlightening **one-day workshop** for NextUp partner organizations is designed for individuals who want to build their EQ and take their leadership skills to the next level. Each participant gets access to the research-backed **EQi 2.0 assessment** for in-depth personal insights and powerful takeaways.

Leading with Emotional Intelligence is **excellent for all career levels**, from individual contributors to executives. Participants selected should be at a similar level of leadership experience, as the content is customized based on the participant group's leadership level. The workshop includes in depth review of the assessment results with NextUp's own I/O Psychologist, Kat Ortiz.

WORKSHOP OBJECTIVES

Build confidence and improve professional effectiveness.

Create greater awareness via self-assessment of leadership style, emotional intelligence and areas for development.

Develop strategies for maximizing job-related strengths, improving workplace interactions and boosting confidence to pursue career goals.

Gain a network of industry peers to help navigate work/life challenges and continue developing as a leader.

WHO SHOULD ATTEND?	Professionals at all career levels	2023 PROGRAM DATES	Program is available year-round (virtual or in-person)
COST	<ul style="list-style-type: none"> • \$15,000: up to 24 participants • \$349: each additional participant 	LEAD TIME	6 weeks